

Nature's Tranquilizers

Fish Therapy

This is an excerpt adapted from the new Biz Literacy worksheets: S for Success...

If animals and Insects Were Entrepreneurs.



In 2004, Purdue University published a study that found aquarium owners had lowered anxiety and blood pressure. Other studies document a variety of health issues and improvements noted.

And Students who own fish have higher Math and Verbal SAT scores, than non-pet owners, according to some animal experts.

References

Purdue citation

Anthrozoos

Bloomsbury.com

<http://tinyurl.com/n8xytch>

MIT Press.edu

<http://mitpress.mit.edu/books/urban-place>

